**Peeled – Week 8**

**“Gentleness”**

1. A difficult instruction.

*Let your gentleness be evident to all. The Lord is near. Philippians 4:5*

1. Gentleness is:

* Power under control.

*Jesus knew that the Father had put all things under his power, and that he had come from God and was returning to God; so, he got up from the meal, took off his outer clothing, and wrapped a towel around his waist. After that, he poured water into a basin and began to wash his disciples' feet, drying them with the towel that was wrapped around him. John 13:3-5*

* Conciliatory.

*A gentle answer turns away wrath, but a harsh word stirs up anger.   
Proverbs 15:1*

* Not demanding.

*Each of you should look not only to your own interests, but also to the interests of others. Philippians 2:4*

*Be imitators of God, therefore, as dearly loved children and live a life of love, just as Christ loved us and gave himself up for us as a fragrant offering and sacrifice to God. Ephesians 5:1-2*

* Restoring.

*Brothers, if someone is caught in a sin, you who are spiritual should restore him gently. But watch yourself, or you also may be tempted. Galatians 6:1*

* To be used every day.

*Let your conversation be always full of grace, seasoned with salt, so that you may know how to answer everyone. Colossians 4:6*

1. Jesus invites us to live under His gentleness.

*Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. Matthew 11:29*